



Our senior group is planning a visit to the ancient ruins in Peru. We know it's one of the most crowded destinations in the world. Please suggest how we plan our schedule. *Ms. JBMcK, Sarasota FL*

A: The historic mountain village often attracts over 5,000 tourists daily. There are government regulations now that attempt to control the crowds. They require visitors to buy tickets to take the morning Inca Trail session from 6 a.m. to noon, or afternoon from noon until 5.30 p.m. Your best time of year to visit is between October and April, during the annual rainy season. Although you may face wet weather, the number of visitors will be lower and you'll avoid the crowds. Of course, during heavy rain days, some of the trails may be temporarily closed.

Check with your travel agent and/or internet sites on suggestions of what to wear and other requirements. Consider possible constraints for seniors who may have physical problems, such as altitude sickness, while climbing the steep hills and other challenges.