After waiting in the jammed airport boarding line, once in your cheap seat there's no space to lean back and recline. Just isn't much leg stretching room either. At holiday times and beyond, airlines are squeezing more cheap passengers aboard to make added money. Before airline deregulation, many economy class seats had a generous 36 inches in width and comfy legroom. Today, some have as little as 28 inches. So, while flying in your bargain seat, just sit back, squeeze your knees and try to relax.

