



For Memorial Day, or for any time for any reason including simple gratitude, consider offering your help to those who now serve in the Armed Forces. Additionally, many older veterans and their families can benefit from your support and encouragement. Our readers who've served in earlier conflicts can remember how lonely it gets in a foxhole, on a ship's gun mount or on a barracks bunk. Or in a veterans' hospital bed.

Here are just a few of the many email addresses of organizations, some a century old and others created recently to help those who serve today. Please consider contacting one or more to offer your help or simply to send letters of thanks:

anysoldier.com - if you want to send a gift and you don't specify the name, a GI will be selected to receive your thoughts and/or gifts

OurMilitary.mil - official Department of Defense website that lists many ways for you to participate in helping service members and their families

uso.org - Operation USO Care Package is a current drive by the USO to distribute gifts to service members in combat areas

redcross.org - programs for medical and rehabilitation services for active-duty GIs, hospitalized GIs, veterans and their families

www.nmcra.org - Navy and Marine Corps Relief Society provides financial, educational, and other assistance to active, retired and families of service members.