



The Hawaiian capital city of Honolulu recently closed down a group of city restaurants specializing in serving sushi and other raw foods. The ban was the result of a serious outbreak of more than 160 local hepatitis cases, with most of them attributed to uncooked seafood.

That should be a warning for travelers, especially seniors, to be careful of dining on the potentially dangerous foods. Be very careful of what you order in restaurants, and even more aware of the potentially higher dangers of eating raw from street stalls.