

First, stop trying to meet the love of your life on that big blinking box in front of you. Too many online singles claims, bios and pix are phony, anyhow. To mingle with single seniors, you have to lift your lonely butt off your chair and get into real-life action!

To meet other unattached seniors, travel is one of the best ways to do it. Sign up for a music-themed Caribbean cruise, hiking trip (easy one, of course) through the Rockies, a weekend of NYC theater and dining, or an Elderhostel songfest week at a Vienna university.

How about volunteering for a Habitat for Humanity home repair project? It's highly possible you could find romance while perched on a ladder with another volunteer.

If you want to tour with groups of single seniors, check with local travel agents, churches, schools or other organizations to find out if any of their group travel plans appeal to you. The internet is also a great source of hundreds of options for group senior travel, including senior singles-only cruises, where mingling is greatly encouraged. OK? Now shut this light box down for awhile and go to it!