

When visiting a big city at noontime, your travel4seniors.com editor always heads for the the street food areas to get a fresh lunch. Some of the best carts with delicious foods are in America's New York, Chicago, Los Angeles and San Francisco. However, many of the world's top are far away in Asia.

With Bangkok leading the list, CNN also names Tokyo, Hong Kong, Bali, Ho Chi Minh City and Beijing. So, when your wanderings take you to Asia, be sure to stop by carts offering such delicacies as hoy tod nai mong and kuay tiew kai soi nam phung.