

Fortunately, chances are very slim that you'll have a Titanic type of disaster on your next cruise. However, it's smart to be prepared, just in case.

When you go aboard, in your suitcase include a pair of thick-sole shoes and waterproof pouch for prescription meds, wallet, IDs and jewelry. Also, if you may need to spend time in a lifeboat, pack snacks and small flask of water.