



Your elderly *travel4seniors.com* editor still enjoys roaming the world, but aging requires facing more dangers. Sudden mishaps while crossing busy streets, riding escalators and coping with airport crowds are more difficult.

Other travel dangers are thieves who prey on the elderly. Recently, I was pushing my walker with a suitcase in its basket from a busy downtown train station. A car pulled up next to me, and the scruffy driver asked if he could take me to my destination. The car had no Lyft. Uber or other ID on it. I refused with: Should I give you everything now or wait till you grab it from me in the car?

Senior travelers, especially the most physically challenged, should always be aware that you're vulnerable targets for thieves. This is most dangerous at train and bus stations, airports, dark downtown streets at night and other exposed locations. The best solution is to have a younger traveling companion. If alone, always be alert and aware of your surroundings.