

With its many shops and heavy sidewalk traffic, the Chinese city's downtown does resemble a busy Manhattan street. Of course, it's a great place for authentic local foods. The city can be a fun time for visitors, but worrisome for senior tourists. With your American clothing, gawking mature face and ever-present smartphone, you become a target for the street quick-buck and rip-off artists.

You can enjoy the bustling Shanghai streets in safety if you follow some simple rules. Keep that smartphone and purse on straps that you hold securely at all times while you wander. Also, wallets, IDs and other valuables must be in buttoned or zipped pockets. If a group of innocent-looking kids seem to be edging to surround you, back away quickly to safe ground.