

While some US cities are not the friendliest destinations, the recent rise in gang crimes in Mexico urban areas is becoming a major problem, especially for older tourists. Unfortunately, they are the easiest victims. Professional robbers and quick-grabbing kid gangs roam the streets and parks of many Mexican cities.

When you're sightseeing, day and night, always be aware of your surroundings. Keep wallets in buttoned or zipped pockets. Hold handbags with straps, and when walking, tightly under an arm. Attach a case and wrist strap to your smartphone, and keep it wrapped around a hand when texting and shooting photos.

Use only registered taxis from airports and on city rides. Always ask hotel desk employees about the safest tourist sites, restaurants, entertainment and other nearby local features. When dining, especially outside, don't leave personal items, drinks or food unattended when taking bathroom breaks. Nights are most dangerous, so stay on well-lighted streets and walk with at least one physically-fit companion.