

If your travels take you to the vintage English capital, save a day for a pleasant stroll. Book an escorted one, and you may be led by a talented young actor/actress who blends historic facts with dramatic flourish.

There are walking tours for all ages and interests. They may include historic buildings, Trafalgar Square, Jack the Ripper sites, Tower of London ghosts, soapbox speakers at Hyde Park, River Thames boat tours and many others. Check the internet for the many current listings of tours, and choose one that interests your senior soul.

Consider: www.walks.com, www.visitlondon.com, www.freetoursbyfoot.com, www.walklondon.com, timeout.com/london/walks