



Just about every time I settle into my economy seat, passengers next to me gripe and demand I find another seat. Suggestions? LR, New Rochelle NY

A: First, if the attendant can't make a change, try some consideration. Don't take a center seat. Ask for one on the aisle, so you can stretch body and legs to allow more room for seatmates. Of course, you can consider buying a higher-priced ticket.

Before you make flight plans, check with airlines and your travel agent for special promotions where you get lower prices and wider seats in first class. www.usatoday.com/story/travel/advice/2019/10/10/tips-for-plus-sized-travelers-make-trip-better