



I just had my 80th birthday and starting plans for our annual road trip from home in Michigan. This year it would be driving to Arizona and the Grand Canyon. However, she says I've had it at the wheel. I'm fit, no accidents, go to the gym weekly and see clearly thru glasses. What's your opinion? *PLMcV, Detroit MI*

A: If you still feel you can drive the long journey, prove it to your wife. Get a complete physical from your family doctor, and opinion on whether you should do the long road trip. If you get a medical OK, ask your wife to reconsider. If she still objects, for the sake of family harmony, don't do the driving trip. Suggest a bus or airline package tour to the Grand Canyon.