

Q: How can I make my holiday traveling less stressful?

A: There's all kinds of expert advice available for you, most of it useless. The only effective way to cut the anxiety, anger and frustration to survive holiday travel is to heed Queen Victoria's advice to her daughter on the young princess' wedding night. "During the worst of it, think of England." In other words, when things get overwhelming during your hectic holiday travels, just think of home, family, peace and quiet.