

As with most big cities around the world, the English capital can be a very expensive place to visit. Hotels, restaurants, stores and clubs pound your pocket very sharply to take your pounds sterling. However, there are also interesting activities senior visitors can do that cost absolutely nothing except the time to enjoy them.

Consider just a few of the more famous ones. Wander through lovely Hyde Park to enjoy the scenery or the latest soapbox orator. Visit the historic Bank of England Museum, and see the story of the pound sterling. Tromp across Abbey Road in the footprints of the Beatles. Feed the pigeons on Trafalgar Square as Lord Nelson's statue presides. And for the latest in history, art and decor, spend an afternoon at the Victoria and Albert Museum.