



You're ready to begin your sunset years in a pleasant city where there's a maximum of sunshine and minimum of over-priced expenses. First, because they're also excellent travel vacation destinations, we suggest you visit to spend a week or more in those you're considering, and do heavy on-site research.

Then, when you're ready to settle in, you'll be better able to make your personal choice for a permanent destination. Consider some of the most popular:

1. San Luis Obispo, CA - You can enjoy spicy Pinot Noir wines from the Edna Valley Vineyards if you choose this central California city with an active senior community. Many retirees find San Luis Obispo to be one of the best retirement cities in America, because of its mild weather, rolling hills, sandy beaches and historic district dating back to the 18th century. 2. Green Valley, AZ - Located in Southern Arizona, Green Valley is a planned and age-restricted retirement city near Tucson. It has a population of 20,000 with an average age of 72. Additionally, there are nine nearby golf courses and 12 rec centers friendly to retirees.

3. San Diego CA Money Magazine recognized this SoCal city as the 5th best place to live in the U.S. Forbes adds that San Diego has become the fifth richest and ninth safest. Economic opportunities are available in sectors of technology, manufacturing, defense, tourism and agriculture.

What makes the city also suitable for military retirees is that the private sector provides medical and other support services for U. S. Navy and Marine Corps. They're also some of the largest employers in the San Diego area, enhancing the overall economic health of the city.

Already familiar with the area, many retired military choose San Diego for their twilight years. It's a great place to enjoy an active lifestyle, with miles of beaches, nature trails and two dozen golf courses.

4. Pinehurst NC: Most fans know this town as the home of Pinehurst Resort, which contains one of the country's oldest and most prestigious golf courses. It's also a friendly year-round community with a bustling downtown, first-rate regional hospital and mild Southern weather.

5. Port Charlotte FL - With nearly 50% of its population over age 50, this Gulf Coast town is a quaint location that caters to retirees. With first-class medical facilities, including Fawcett Memorial Hospital, this town is a good choice for retirement. Additionally, Florida does not tax income, adding to the reasons for retirees to settle there.