

First, of course, is if advanced age and/or physical condition are not strong, don't travel alone. When you must go solo, take all personal precautions to avoid accidents, illness and street crimes.

When walking on busy city streets, don't attract attention by wearing fancy clothes and exposed jewelry. Do your sightseeing and shopping during busy daylight hours, with wallet in zipped coat pocket or strapped handbag held tightly under an arm.

Be aware of all surroundings when using your phone, preferably in a case and strapped to a wrist. Every morning ask at the hotel front desk about safety in the area, as well as recommended restaurants and stores. Avoid eating from open air food carts and street vendors in parks and other public areas.