

It happens to all senior wanders. No longer as smart and spry as we were in younger traveling days? If you want your family to know you're okay while away, before your trip register with the State Department's Smart Traveler Enrollment Program.

The application allows you to register travel schedules, check-in times and other plans. Then, in case you have an emergency, the nearest U.S. embassy or consulate will deal with your on-site problems and family contact.