



The recent report about a flight from Germany to Newark wasn't anything new. All senior air travelers have been disrupted often by uncontrolled kids. And in some unhappy examples, drunken adults acting like kids.

When it happens, there are several options for you. If early in the flight and you fear the crying and screaming will continue throughout, ask the attendant to move you to another seat. If you're flying coach and all those seats are occupied, ask to be moved to an available upper class seat. There should be no added charge, considering your discomfort. If the attendant balks, keep your temper, but insist on the change.

Another way to escape the noise and disruption is to have the right electronics with you on the flight. It could be a smartphone or other gear that has a video screen, radio, movies, books and other recorded materials. Instead of regular earphones, carry larger, more sophisticated sound-blocking ones. Then, if surrounded by noise, clamp on those big circular pads and enjoy your flight.